

My Story

I've been asked...by my friends, family and business associates to tell my story...I've shared it to date, with only those who've personally asked.... because you see, at times I can hardly believe all the positive results I've experienced, and the last thing I want to do is to make it *seem* as though I'm writing about some kind of *CURE-ALL SNAKE OIL*. The fact is, I BELIEVE that Market America has created a *life changing* line of products...I believe it because I've experienced it... And I suppose its time I tell the world how it's affected me.

My name is Kathi Vernon...and I began to take Isotonix® OPC-3, introduced to me by a close friend, In June of 1997. It was, to say the least, a real turning point in my life. Within days of my loading dose on OPC-3, I began to feel a cloud lift... *the Vertigo was gone!* I began to feel a sense of well being I hadn't experienced in *many years*. I had, over the course of the previous several years, been diagnosed with several diseases... I know how this must sound to someone who doesn't know me personally but I'll tell you, I've been the subject of many a test, many a hospital, and many a doctor...

Among the medical diagnoses were:

Vertigo, Candida, Fibromyalgia, Massive Migraines, Hypothyroidism, Epstein Barr virus, Epilepsy, (diagnosed when I was 5 years old), possible Silicone related MS (I had been diagnosed with Fibro-cystic disease of the breast, suffered for many years...and in 1984 I was told that all the tissue *had* to be removed or I'd be looking at breast cancer in the very near future. So after long months of therapies, and excruciating pain I lost both breasts...yep, double mastectomy...followed by Silicone Implants...and 13 years later I was diagnosed with silicone poisoning).

I was also told I had numerous vitamin deficiencies, mal-absorption syndrome, dirty-skin syndrome (whatever that is), allergy to the sun, asthma, vision problems, and hypochondria.... culminating 3 years ago with a diagnosis of a brain tumor (cystic glioma) of un-known origin, which to-date has been "watched". I've also had back surgery for a broken back (which I mention only because I was in constant lower back pain).

I was treated with all sorts of drugs and therapies that did little to nothing to relieve my suffering...and finally ended my association with the medical community when I was given tranquilizers and was told, "It was all in my head". I know, sound like a real fruitcake don't I? Looking back, I remember a time when I was out of work for so long that the company I worked for required me to go for psychiatric evaluation, which I did...the Doctor wrote a 2 page letter *on my behalf* stating that I was *certifiably SANE* but very, very sick.

I found out after much research and personal experience with first, a lack of proper nutrition, and second, the proper amount of nutrition in the right form.....That I was able to help myself...Without drugs, without the medical mumbo-jumbo, and without Tranquilizers.

Please understand, I started supplementing my diet because I was getting no relief from the Medical Establishment...and my health was deteriorating. I realized that I was the only one who was loosing... I made the decision to "take charge" of my own health, it is after all...MY responsibility.

I AM IN NO WAY SUGGESTING THAT A PERSON STOP SEEING THEIR PHYSICIAN, goodness knows they are experts...but they were unable to help ME! I'm sure there are others out there who feel the same, and are desperate for answers.

I began to supplement my diet with a line of supplements called *Isotonix*®. Starting with an Anti-oxidant by the name of OPC-3™. When I began to realize how valuable this product was, and that it was truly helping me, I added the Multi-Vitamin, Multi-Mineral, and Advanced B-Complex, and because I also needed help with a frozen shoulder, (later diagnosed as a rotator cuff tear) I added Glucosatin, (also offered by the same company). One by one my health concerns began to fade.

My health has truly been restored. I no longer suffer with the pain associated with Fibromyalgia, back/shoulder pain or any of the diseases I had been diagnosed with. Even the back pain that I had experienced for over 30 years had somehow simply disappeared. After being on the Isotonic Line of supplements for approximately 2 years I revisited my family physician and had him run a battery of tests...the results were astounding. Outside of a slightly elevated liver count (due to the drugs my Doctors had prescribed for me) *all of the tests came back normal*.

Fibromyalgia, Epilepsy, Hypo-thyroidism, Migraines, Vertigo, to name only a few....were now a part of my past. Even my shoulder feels great, I'm actually able to lift it OVER my head, the MS symptoms have never returned, the sun no longer

bothers me (except as it would someone who got burnt) the asthma symptoms are gone, and the brain tumor is shrinking...and to top it all off I *look* better than I have since I was a kid.

Proper Nutrition is vital to our health. I believe we, as a population, are NOT getting the proper nutrition (or enough of it) to keep ourselves disease free and to sustain life... and if we're are not supplementing our diets (and I believe Isotonix is the absolute best on the market) with vitamins, minerals, and an Anti-oxidant...we are asking for a host of problems with our health. I know, sounds like a commercial.....I apologize.

I started on these products out of desperation...it wasn't long (only 4 days) before my friends saw improvements in me and wanted them, as a result I am now a distributor with Market America and I am helping others realize their health potential, helping people to feel whole again. I Thank GOD every day for the second chance I've been given, and I thank Market America for the wonderful products they've given me, and for presenting me with the opportunity to create residual income in my own successful home based business.

If you can relate to, or have any questions about my personal story, or would like to find out about a One-In- A-Million Opportunity please feel free to call anytime...and Thank-you for caring enough to read my story.

God Bless and Keep you Healthy and Happy,

Kathi Vernon
Independent Distributor
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UPDATE

It is now June of 2006... Since I sat down to write this testimonial back in 1999 I've had many positive things happen.

- First, I still am symptom free...No Vertigo (gone after 4 days on OPC-3)
- No More pain or symptoms of Fibromyalgia...gone after approximately 2 months.
- No more symptoms of Hypo-thyroidism...the large lump in my throat slowly diminished...no surgery, no biopsy.
- No more asthma inhaler...
- No more symptoms of MS...No Staggering or dragging my legs behind me...
- No vision problems (with the exception of a "rare cataract") which was caused by the steroids I had been taking.
- No sign of Epilepsy. First time since I was 5 yrs. Old that the EEG came back normal.
- I have not had to deal with the Flu or even a COLD since 1998.

The only Physician I've seen is a Chiropractor...No Drugs, no antibiotics...no need!

I re-married in August 2004 and am truly happy and healthy. My children have added 3 more Grand-Children to my Christmas List...and my business has blossomed and expanded...my husband Jeff and I work it together...what FUN ! I still market the **Isotonix**® Line (newly expanded)...and am now even better able to help others with their health concerns...through DNA Gene SNP Analysis and "customized" Nutritional.

Lastly...

I believe that without the life-changing supplements that I began to use back in 1997 I would not be here today! Because of the "Isotonic" nature of the product line, and their bio-availability ...being absorbed within minutes, not hours...to the tune of 95-98%...I am here to tell my story!

Thank-you Market America...and God Bless you...as He has me and mine.

To YOUR Health and Happiness,

Kathi Kost